



# Aquatic Weeds as Functional Ingredients for Aquaculture Feed Industry: Recent Advances, Challenges, Opportunities, New Product Development (NPD) and Sustainability

Muhammad Anamul Kabir<sup>1,2\*</sup>, Shishir Kumar Nandi<sup>1</sup>, Afrina Yeasmin Suma<sup>1</sup> and Nik Shahman Nik Ahmad Ariff<sup>3</sup>

<sup>1</sup>Department of Aquaculture, Faculty of Fisheries, Sylhet Agricultural University, Sylhet-3100, Bangladesh

<sup>2</sup>Advanced Livestock and Aquaculture Research Group, Faculty of Agro-Based Industry, Universiti Malaysia Kelantan, Jeli Campus, 17600 Jeli, Kelantan, Malaysia.

<sup>3</sup>Razak Faculty of Technology and Informatics, Universiti Teknologi Malaysia, Jalan Sultan Yahya Petra, 54100 Kuala Lumpur, Malaysia

\*Correspondence: [anamul.aq@sau.ac.bd](mailto:anamul.aq@sau.ac.bd) at Department of Aquaculture, Faculty of Fisheries, Sylhet Agricultural University, Sylhet-3100, Bangladesh

**Citation:** Kabir, M.A., Nandi, S.K., Suma, A.Y. and Ahmad Ariff, N.S.N. (2023). Agriculture Reports, 2(2): 1-16

**Received:** 02 June 2023

**Accepted:** 25 August 2023

**Published:** 31 August 2023

**eISSN Number:** 2948-4138



This is open access article published by Multidisciplinary Sciences Publisher. All rights reserved. Licensed under a



**Keywords:** Aquatic weed, feed innovation, ingredients replacement, sustainable aquaculture

**Abstract:** In recent years, there has been a lot of interest in the use of aquatic weeds as a valuable component in the development of aquaculture feed. Various species of aquatic weeds like *Ipomoea aquatica*, *Lemna minor*, *Pistia stratiotes*, *Eichhornia crassipes*, *Azolla pinnata*, *Nymphaea nouchali*, and *Nymphaea lotus* have been identified and studied for their nutritional composition and potential benefits of fish production, health status, defense mechanism and disease resistance. The aquatic weed has a great potentiality to reduce the dependency on fish meal and offers environmental benefits in terms of weed management and habitat conservation in various waterbodies of Bangladesh. Thus, the conversion of these aquatic weeds into valuable products could play a crucial role in sustainability of the aquaculture industry and mitigating environmental hazards as well as pollution. Nevertheless, there are several challenges like variability of nutritional composition, presence of anti-nutritional factors, high fibre content, and potential health hazards need to be addressed for successfully use of aquatic weeds in fish feed. Semi-solid-state fermentation (SSSF) approaches can reduce the ANFs and fibre of fish feed for cost effective aquaculture feed. Furthermore, it is essential for scientists to understand the major phases involved in the development of novel goods. In summary, the incorporation of aquatic weeds in aquaculture feed will open up the new horizon for sustainability of aquaculture feed industry.

## INTRODUCTION

One of the main reasons for the sharp rise in demand for fish and seafood is the enormous rise in global population. Aquaculture has a great potential to meet the protein need for global population and has a significant contribution to the raising global fish production, reaching about 82 million tons in 2018 (FAO, 2020). Fish feed plays a fundamental role in sustaining the aquaculture production in captivity.

However, fish nutrition is critical as feed is the most expensive part in the aquaculture system, being approximately 60% of the entire production cost (Craig *et al.*, 2017; Prabu *et al.*, 2017; Daniel, 2018). Protein and lipid are the vital components in the diets that are highly required by fish for their optimum growth, survival, and reproduction. Moreover, fish meal and fish oil are considered the best animal derived protein and lipid source in fish diet (Hodar *et al.*, 2020). According to Shepherd and Jackson (2013) around 4.4 to 4.6 kg whole fish is often needed to generate 1 kg fish meal (FM), while Liland *et al.* (2012) reported that about 12.2 kg of fish is required to produce 1 kg fish oil. Marine pelagic fish such as mackerel, anchovies, herring, and sardines are some of the most significant sources of FM in aqua-diet (Merino *et al.*, 2012). It is projected that the global aquaculture will not be able to meet its protein needs by 2050 because of FM production over reliance on marine fisheries resources (Jiang *et al.*, 2018; Kari *et al.*, 2022), which poses a serious problem for the entire world. Meanwhile, their limited supply, high price, and unavailability are the major constraints that drive up the feed cost. Therefore, the exploring and developing of alternative bio-active and functional nutrient ingredients from indigenous sources have recently caught substantial interest in the aqua-feed industry (Suma *et al.*, 2023). The utilization of aquatic weeds may be the great option to fill the existing problem.

Aquatic weeds are the promising fish and animal feed ingredients that are widely distributed in the waterbodies of Bangladesh. Aquatic weeds' superior nutritional composition has recently allowed FM to be partially or completely replaced (Debnath *et al.*, 2018; Ghosh *et al.*, 2021; Nandi *et al.*, 2023). Naseem *et al.* (2021) documented that aquatic weed meal comprises of about 11 to 32% crude protein, 2.9 to 16.81% crude lipid, 8 to 31% crude ash, and very high amino acids, minerals and vitamins content depending on the choice of ingredients used. According to another study, the use of these plants in the aquaculture feed has dual benefits of eco-friendly management of aquatic weeds and the potential to replace FM in fish feed formulation (Ali and Kaviraj, 2018).

It is crucial to note that the inclusion of plant protein in diets dramatically decreased the feed cost due to their local availability, low price, and abundance. However, a number of scientists have reported that the aquaculture feed industry should require an alternative protein supplement to replace high valued FM, which is highly appreciated but has a limited supply and a great demand (Bairagi *et al.*, 2002; Yilmaz *et al.*, 2004; Sadique *et al.*, 2018). Therefore, several studies have been conducted to explore potential alternatives for FM by using novel protein source from aquatic weeds (Table 1). The key factor affecting the aquaculture industry's sustainability is access to high-quality and reasonable priced ingredients (Ghosh and Roy, 2017; Goswami *et al.*, 2020). However, our current understanding on the utilization of aquatic weeds meal in animal diets, including their working mechanisms, animal health and environmental impacts, is limited, indicating significant gaps in knowledge in this area. In depth research is required to overcome the existing knowledge deficit and produce inexpensive, nutritionally sound and environmental friendly fish feed. This short review highlights the recent advances, challenges, opportunities, product development, and sustainability aspects associated with the use of aquatic weeds as a viable alternative to traditional feed ingredients in the aquaculture industry in order to examine the efficiency of aquatic weed meal-based diets in fish production and cost-effective management in future.

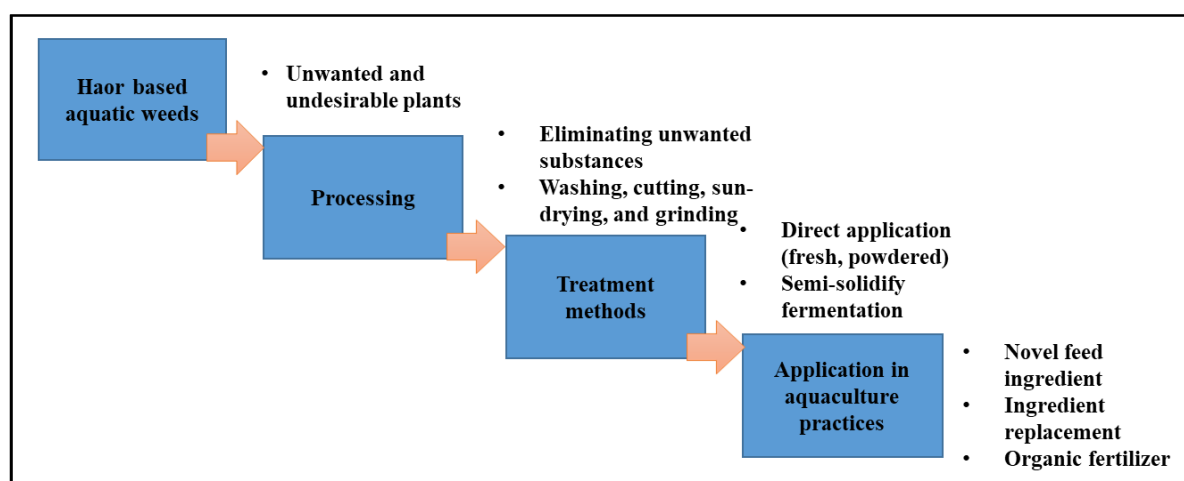
## AQUATIC WEEDS USED FOR AQUACULTURE INDUSTRY

Near about 50 species of aquatic weeds are known to be used as either direct or indirect feed for both herbivorous and omnivorous fishes (Mandal *et al.*, 2010; Akmal *et al.*, 2014; Naseem *et al.*, 2021). Aquatic weeds are undesirable plants that cause harm to the aquatic organisms and the environment (Ganguly *et al.*, 2012). The aquaculture industry may profit from the sustainable use of these plant ingredients. Aquatic weeds such as water spinach *Ipomoea aquatica* (Nandi *et al.*, 2023), duckweed *Lemna minor* (Patra, 2015), water lettuce *Pistia stratiotes* (Nisha and Geetha, 2017), water hyacinth *Eichhornia crassipes* (Hailu *et al.*, 2020), mosquito fern *Azolla pinnata* (Das *et al.*, 2018), water lily *Nymphaea pubescens* (Kamatit *et al.*, 2016), and lotus meal *Nymphaea lotus* (Athanas *et al.*, 2019) have recently caught profound insights as a partial or complete FM replacer in aqua-diets for fish growth enhancement, reproduction, health status, immune related gene expression, and disease resistance. The leaves, stems, roots or whole plants are generally used in fish feed formulation. Table 1 represents the various studies of using aquatic plants and their possible impacts on fish production. Figure 1 displays the aquatic weeds used in aquaculture activities for ingredient/ protein replacement, incorporation or additive in fish feed formulation.

**Table 1:** The effects of aquatic plant ingredients on fish performance

<b>Aquatic weeds</b>	<b>Examined fish</b>	<b>Recommended levels</b>	<b>Experimental period</b>	<b>Key findings</b>	<b>References</b>
Water spinach meal (Fermented)	Female Singhi ( <i>Heteropneustes fossilis</i> )	50% of fish meal replacement in diets	3 months	Enhanced growth and reproductive parameters, egg quality and health status of fish.	Nandi <i>et al.</i> (2023)
Water spinach meal (dried)	Nile tilapia ( <i>Oreochromis niloticus</i> )	25% of fish meal substitution in diets	56 days	Without showing negative impacts on growth, nutrient utilization, and biochemical composition of fish.	Yousif <i>et al.</i> , (2019)
Duckweed meal	Major carp ( <i>Labeo rohita</i> )	15% replacement of fish meal	4 months	Shown outstanding performance of fish and act as low-cost feed ingredient.	Patra, (2015)
	Common carp ( <i>Cyprinus carpio</i> )	85% duckweed + 15% rice bran	3 months	Promoted growth and health status; served as low-cost feed.	Ghosh <i>et al.</i> , (2021)
Fermented aquatic macrophytes	Nile tilapia ( <i>Oreochromis niloticus</i> )	25% fermented duckweed + 15% fermented water fern in diets	56 days	Without affecting the growth and feed utilization of fish.	Velásquez <i>et al.</i> , (2015)
Fermented <i>Pistia</i> leaves (PL)	Rohu ( <i>Labeo rohita</i> )	12.5% FM replacement by 20% fermented PL in diets	80 days	Without exhibiting adverse impacts on growth, nutrient efficiency, and biochemical composition of fish.	Mandal and Ghosh, (2019)
Aquatic weed <i>Pistia stratiotes</i> meal	Indian major carp ( <i>Labeo rohita</i> )	15% FM substitution with 30% water lettuce meal	80 days	Enhanced growth and feed utilization indices, carcass composition, blood parameters, and digestive enzyme activity.	Nisha and Geetha, (2017)
Water lettuce (WL) and water spinach (WS)	Nile tilapia ( <i>Oreochromis niloticus</i> )	50% FM replacement by 50% WS or by combination of 25% WS + 25% WL	2 months	Increase SGR (%/day) of fish.	Manuel <i>et al.</i> , (2020)
Water hyacinth (WH) meal	Grass carp ( <i>Ctenopharyngodon idella</i> )	15% of water hyacinth leaf meal in diets	3 months	Enhanced fish weight gain, without showing negative impacts on liver and kidney health.	Mahmood <i>et al.</i> , (2018)

	Nile tilapia ( <i>Oreochromis niloticus</i> )	15% or 30% fermented WH in fish diets	2 months	Shown highest relative growth rate and Fulton's condition factor.	Hailu et al., (2020)
<i>Nymphaea lotus</i> leaf meal (NLM)	African catfish ( <i>Heterobranchus longifilis</i> )	20% of FM replacement	8 weeks	Without lowering the growth, nutrient efficiency, and survival of fish.	Athanase et al., (2019)
<i>Azolla pinnata</i> meal (Fresh)	Thai silver barb ( <i>Barbonymus gonionotus</i> )	25% replacement of commercial diets	9 weeks	Exhibited no adverse impacts on growth indices and quality of product; served as economical viable diet ingredient.	Das et al., (2018)



**Figure 1:** Conceptual overview of using aquatic weeds in Aquaculture practices

### BRIEF LIST OF AQUATIC WEEDS FOUND IN BANGLADESH

Bangladesh is home to a rich diversity of aquatic weeds, with around 150 varieties identified in its waterbodies (Pasha, 1966). These weeds contribute to the country's diverse wetland ecosystem and support a range of flora and fauna. The abundance and accessibility of aquatic weeds in waterbodies ensure a steady supply of feed ingredients into the aqua-feed industry throughout the year. Additionally, their utilization as a natural feed resource helps in managing and controlling excessive weeds growth and maintaining the balance of ecosystem. Table 2 represents the list of most commonly available water weeds in Bangladesh with including their local names, common names, and scientific names.

**Table 2:** List of aquatic weeds distributed in Bangladesh

Local name	Common name	Scientific name
Kolmi	Water spinach	<i>Ipomoea aquatica</i>
Topapana	Water lettuce	<i>Pistia stratiotes</i>
Kachuripana	Water hyacinth	<i>Eichhornia crassipes</i>
Khudipana	Duckweed	<i>Lemna minor</i>
Kutipana	Mosquito fern	<i>Azolla pinnata</i>
Gechu	Aponogeton	<i>Aponogeton</i> spp.
Malancha	Alligator weed	<i>Alternanthera philoxeroides</i>
Hydrilla	Water thyme	<i>Hydrilla verticillata</i>
Shapla	Water lily	<i>Nymphaea nouchali</i>
Padma/ Komol	Lotus	<i>Nymphaea lotus</i>

Helencha	Water cress	<i>Enhydra fluctuans</i>
Bishkatali	Polygonum	<i>Polygonum glabrum</i>
Panikochu	Arrowhead	<i>Sagittaria</i> spp.
Dol	Asian waterweed	<i>Hygrorayza aristata</i>
Hugla	Common cattail	<i>Typha latifolia</i>
Kanaibashi	Dayflower	<i>Commerlina bengalensis</i>
Kanaidoga	Asiatic dayflower	<i>Commerlina appendiculata</i>
Hydrilla	Water thyme	<i>Hydrilla verticillata</i>
Najas	Brittle naiad	<i>Najas minor</i>
Vallisneria	Eel weed	<i>Vallisneria spiralis</i>

## OVERVIEW OF SUSTAINABLY USE OF AQUATIC WEEDS IN AQUACULTURE PRACTICES

### i. Water spinach (*I. aquatica*)

Water spinach, referred to as "Kolmi" locally, is abundant in various haor regions across Asian countries, including Bangladesh (Nandi *et al.*, 2023). It has emerged as a dual purpose, being consumed directly by humans and also showing promise as a valuable ingredient in the aquaculture feed industry. Water spinach has great possibility in the aqua-feed formulation due to its high nutritional profile. Water spinach leaf contains about 26% crude protein, 6% crude lipid, 13% ash, 8% crude fibre, 48% carbohydrate, and 5% moisture in dry weight basis (Adedokun *et al.*, 2019). Recent study reported that semi solid-state fermentation of water spinach with 0.001% *Lactobacillus acidophilus* and 10% molasses improve the nutritional value of it (Nandi *et al.*, 2023). According to Yousif *et al.* (2019) water spinach can be used as a substitute for fish meal in Nile tilapia (*Oreochromis niloticus*) diets, up to 25%, without compromising the growth performances and nutrient utilization of that fish. In other studies, dietary supplementation of water spinach meal at 50 g/kg diet of Nile tilapia fries resulted in improved growth performance (Chepkirui *et al.*, 2022; Mercy, 2021). Moreover, Manuel *et al.* (2020) reported that tilapia, fed with different proportions of water spinach showed outstanding performance in their study.

### ii. Duckweed (*L. minor*)

Duckweed, locally known as "Khudipana," is an aquatic plant that floats freely and can be found in various freshwater bodies across Bangladesh, particularly in the haor regions. Duckweed is directly utilized as a feed by various herbivorous fish species in aquaculture ponds. The total biomass of duckweed can double within a span of 1 to 3 days, when environmental parameters are in optimum (Ziegler *et al.*, 2015). Due to its availability, rapid growth rate, cost-effectiveness, and superior nutrient composition, duckweed is considered an excellent candidate for aqua-feed formulation. Duckweed proves to be a valuable nutrient source, with protein content exceeding 40 g/100g on a dry matter basis (Ahamad *et al.*, 2003; Saha *et al.*, 1999; Stadtlander *et al.*, 2019), fiber content at 5 g/100g in dry weight (Chaturvedi *et al.*, 2003; Irabor *et al.*, 2022), and significant quantities of amino acids, phosphorus, and potassium (Stadtlander *et al.*, 2019). The partial replacement of high-valued FM and soybean meal with duckweed meal (DM) has recently captured much attention of aquaculture nutritionists. For instance, DM replaced fish meal in *Clarias gariepinus* diets by approximately 40%, is suitable for excellent growth performance and feed utilization without exhibiting any negative impacts on fish (Irabor *et al.*, 2022). A study by Fiordelmondo and his colleagues confirmed that incorporating DM in the fish diets replacing protein content up to 20 g/100g had no adverse effects on the growth and fillet quality of Rainbow trout (Fiordelmondo *et al.*, 2022). Previous reports have documented that incorporating DM into aqua-diets at optimal levels is highly beneficial for achieving optimal growth performance of many fishes such as Tilapia, (Herawati *et al.*, 2020), Rohu, *Labeo rohita* (Kaur *et al.*, 2012), and Grass carp, *Ctenopharyngodon idella* (Srirangam, 2016).

### iii. Water lettuce (*P. stratiotes*)

Water lettuce, or "Topapana," is an aquatic plant that resembles a flower and floats on the water surface. It is commonly found in ponds, ditches, rice fields, and wetlands throughout Bangladesh. Recently, researchers have increasingly utilized water lettuce as a promising ingredient in feed formulation due to its favorable nutrient availability. Water lettuce leaves consist of approximately 7% crude protein, 2% ether extract, 35% ash, 18% fiber, 38% carbohydrate, and 5% moisture, while the roots contain approximately 3% crude protein, 2% ether extract, 45% ash, 21% fiber, 45% carbohydrate, and 5% moisture, along with a rich array of mineral contents (Wasagu *et al.*, 2013). It has reported that the partial substitution of maize meal with water lettuce leaf meal (WLLM) at approximately 50% in *Clarias gariepinus* diets improve growth and nutrient utilization indices and the values were greatly reduced when

the inclusion levels of WLLM up to 75 or 100% in experimental diets (Adedokun *et al.*, 2017). Furthermore, a study by Nisha and Geetha, (2017) stated that the inclusion of WLLM in diets as a fish meal replacer by up to 30 g/100g significantly improved growth performance, feed efficiency, blood hematological parameters, and digestive enzyme activities and also low cost and economically viable feed for *Labeo rohita* production. Likewise, significantly the highest growth and feed utilization of *L. rohita* were recorded in diets with 45 g/100g *Pistia stratiotes* meal, but the fish overall performance could dramatically fall when the levels of this ingredient was >45 g/100g in fish diets (Ray and Das, 1996).

iv. Water hyacinth (*E. crassipes*)

Water hyacinth, also known as Kachuripana, is a free-floating aquatic weed predominantly found in several tropical countries (Adeyemi and Osubor, 2016). Excessive water hyacinth growth leads to negative consequences such as diminished dissolved oxygen concentration, decreased fish population, increased evapotranspiration, transportation disruption, and serve as a habitat for disease causing organism (Pratiwi and Andhikawati, 2021). Conversely, Kachuripana has great potential as an inexpensive protein source in fish diets. The nutritive value of *E. crassipes* is significantly higher, with crude protein levels ranging from 10.1% to 11.2%, crude lipid levels ranging from 1.1% to 1.8%, crude fiber levels ranging from 26.1% to 27.4%, and crude ash levels ranging from 12.3% to 12.4% in the entire plant (except roots) (Hossain *et al.*, 2015). Water hyacinth fermented with *Aspergillus niger* at levels up to 12g/ 100g reduce fibre and improve protein percentage (Suharman *et al.*, 2021). Several studies have been conducted to evaluate the effects of different levels of water hyacinth meal (WHM) supplementation on the growth performance and nutrient utilization in *Cyprinus carpio* (Sarker and Aziz, 2017), *Ctenopharyngodon idella* (Sayed-Lafi *et al.*, 2018), *Oreochromis niloticus* (Hailu *et al.*, 2020), and *Clarias gariepinus* (Konyeme *et al.*, 2021). Yuniati *et al.* (2018) documented that *Pangasianodon hypophthalmus* diet supplemented with WHM at approximately 25g/ 100g improve growth, nutrient digestibility and digestive enzyme activity. In addition, water hyacinth has anti-microbial properties due to the presence of many secondary metabolites (Pratiwi and Andhikawati, 2021).

v. Mosquito fern (*A. pinnata*)

Mosquito fern or Kutipana, a free-floating aquatic weed from the Azollaceae family that grows with *Anabaena azollae*, is regarded as a valuable aqua-feed ingredient due to its excellent nutritional profile, simple cultivation techniques, and impressive yield (Prabina and Kumar, 2010). Mosquito fern emerges as a notable protein source with an abundance of essential amino acid that surpasses those found in wheat meal, maize, offal, and other similar sources (Cherryl *et al.*, 2014). The proximate composition of mosquito fern includes: crude protein 22.25%, crude lipid 2.45%, crude ash 25.50%, crude fibre 11.19%, and very high amino acids, minerals and retinol (dry weight basis) (Mangesh *et al.*, 2018). Recently, numerous studies have been conducted to discover the impacts of *Azolla* meal (AM) on fish production, as demonstrated by the works of Magouz *et al.* (2020), Ibrahim *et al.* (2021), de la Cruz *et al.* (2023), and Refaey *et al.* (2023). An eight-week feeding trial on *Barbonymus gonionotus* fed with a diet containing 25g/ 100g AM exhibited no adverse effects on growth performance, while also offering low-cost feed production (Das *et al.*, 2018). Ismail *et al.* (2022) also found that AM that was fermented with *B. subtilis* resulted in significant enhancements in the growth performance, defense mechanism, and specific disease resistance of Nile tilapia, when the inclusion level was around 30%.

vi. Lotus (*N. lotus*)

Lotus is an herbaceous aquatic weed that is either perennial or occasionally annual and its leaves float on or submerge in water (Haroon, 2010). This plant contains phytochemicals with significant potential for use in the feeds and pharmaceuticals sector (Debbarma *et al.*, 2022). According to Haroon (2022) lotus is widely used as feed, animal nutrition, medicinal purposes, industrial applications, economic and ecological welfare. It is now considered as the nutritionally sound ingredient and widely employed in the aqua-feed industry to formulate low cost fish feed. It contains about 16.3% crude protein, 5.61% crude lipid, 15.63% crude ash, and 18.46% crude fibre (Idowu *et al.*, 2019). Some studies have been investigated to conclude the effects of lotus leaf meal (LLM) on fish production. For instance, the inclusion of 25% LM in African catfish *C. gariepinus* diets replace maize meal without showing any negative effects on growth, feed intake, and health status (Idowu *et al.*, 2019). Athanase *et al.* (2019) also found positive effects on the African catfish growth performance and nutrient utilization after fed with 20g/ 100g LLM in diets.

vii. Water lily (*N. nouchali*)

The water lily is a perennial aquatic plant classified under the Nymphaeaceae family, characterized by its floating leaves and flowers on the water surface (Abelti *et al.*, 2023). It is a tremendous source of nutrients, carbohydrates, foods, medicines, phytochemicals, and phenolic compounds (Abelti *et al.*, 2023). According to Anand *et al.* (2019) water lily has approximately 76.5% carbohydrate, 10.76% crude protein, 2.4% crude lipid, 3% crude fiber, and significant amounts of vitamins and minerals. Although no studies have been conducted yet on the utilization of *N. nouchali* meal as a fish feed ingredient and its effects on fish production, but it holds promising potential as a viable option for the aquaculture industry in the future.

## BENEFITS OF USING AQUATIC WEEDS IN AQUACULTURE INDUSTRY

Aquatic weeds hold a significant position in aquaculture systems and their control represents a global challenge. Because of their fast growth rate, ease of adaptation, and nonexistence of natural adversaries make the plants aggressive, disturbing, and problematic to control (Dissanayaka *et al.*, 2023). Failure to effectively control of excessive aquatic weed growth can result in decreased ecosystem productivity, as the weeds consume nutrients and potentially obstruct sunlight, leading to cause hypoxia or anoxia (Giri, 2020). Resultantly, adequate management or conversion of them into valuable products becomes crucial. The utilization of aquatic weeds for aqua-feed formulation is a viable and eco-friendly strategy that lessens the environmental hazards, maintains the balance of the ecosystem, and offers cheap protein source in the aquaculture industry. According to Dorothy *et al.* (2018) plant-derived ingredients are frequently employed in aqua-diets because of their sustainability, availability, and affordability. Numerous researchers (Hundare *et al.*, 2018; Magouz *et al.*, 2020; Manuel *et al.*, 2020; Ghosh *et al.*, 2021; Pratiwi and Andhikawati, 2021; Nandi *et al.*, 2023) have investigated the efficacy of incorporating different aquatic ingredients into fish diets. Aquatic weeds found in haor basin serve multiple purposes, including being used as a direct feed for herbivorous fish (Dorothy *et al.*, 2018), utilized for compost production (Dissanayaka *et al.*, 2023), and employed as a dietary supplement for fish (Bag *et al.*, 2011; Tran *et al.*, 2020). Dietary inclusion of aquatic weeds in fish diet significantly promotes the fish growth, health status (Gangadhar *et al.*, 2015; Ali and Kaviraj, 2018; Magouz *et al.*, 2020; Manuel *et al.*, 2020; Prasetyo *et al.*, 2021), reproductive performance, egg quality (Nandi *et al.*, 2023), disease resistance (Verma *et al.*, 2021; Santhos *et al.*, 2023) and also contributes to reducing the cost of feed (Das *et al.*, 2018; Nandi *et al.*, 2023). In addition, aquatic weeds act as a biological filter for the absorption of inorganic nutrients from water that fostering healthy environment for fish growth (Roslan *et al.*, 2021). According to FAO, (2020) aquaculture production is projected to reach around 109 MT by 2030 and surpassing fisheries production by 2050 to become the primary global source of aquatic protein. Therefore, the identification and development of sustainable protein source from aquatic plants will play a significant role in enhancing global aquaculture production.

## CHALLENGES ASSOCIATED WITH THE USE OF AQUATIC WEEDS

Although aquatic weeds are commonly used as a beneficial food item for fish and other animals but their excessive supplementation levels in diets have adverse health impacts. The presence of anti-nutritional factors (ANFs) and high crude fibre may decline the value of plant-based feed. According to Kari *et al.* (2023) fish may benefit from very low inclusion of ANFs but not from their high levels. ANFs are detrimental compounds present in plants that lower the bioavailability of nutrients (Ramireddy and Radhakrishnan, 2021) and also affect the growth performance, feed intake, and health of fish (Ramteke *et al.*, 2019). ANFs identified from several aquatic weeds include tannin, steroid, phytic acid (Ekunseitan *et al.*, 2013; Ali and Kaviraj, 2018), oxalate, cyanide (Suleiman *et al.*, 2020; Falaye *et al.*, 2022), trypsin inhibitor (Khan and Ghosh, 2013; Mandal and Ghosh, 2019), and saponin (Ekunseitan *et al.*, 2013; Falaye *et al.*, 2022) (Table 3). These deleterious substances affect the gut epithelial mucosae to create excessive amounts of mucus, which in turn to reduce the activities of intestine and also change the cellular and chemical response (Small, 2022).

Several approaches such as fermentation, sprouting, soaking, heating, autoclaving, and genetic manipulation have been practiced to exclude anti-nutritional substances from plant products (Thakur and Kumar, 2017; Samtiya *et al.*, 2020). Among them, semi solid-state fermentation (SSSF) is widely used ANFs removal technique in aqua-feed industrial sector (Zulhisyam *et al.*, 2020; Kari *et al.*, 2021 & 2022; Nandi *et al.*, 2023). According to Bowyer *et al.* (2020) SSSF is a viable method for promoting diet nutrients by significantly lowering harmful chemicals from plant materials. This method has received significant

accolades for raising aquaculture output. For instance, stinging catfish fed with different levels of *Lactobacillus* fermented *I. aquatica* diets demonstrated notable improvement in fish growth and reproductive performance as well as health status (Nandi et al., 2023). Correspondingly, when Nile tilapia fed with *Bacillus* fermented *Azolla pinnata* diets at levels up to 30% enhanced growth, immune response, amylase activity, and disease resistance (Ismail et al., 2022).

**Table 3:** List of the most typical distributed anti-nutritional factors (ANFs) in aquatic weeds

Haor based weeds	Anti-nutritional factors (ANFs)	Reference
<i>Nymphaea lotus</i>	Steroid	Ekunseitan et al. (2013)
<i>Ipomoea aquatica</i>	Tannin, steroid	Ekunseitan et al. (2013)
	Tannin, phytate, trypsin inhibitor	Khan and Ghosh (2013)
	Phytic acid and tannic acid	Ali and Kaviraj (2018)
<i>Eichhornia crassipes</i>	Tannin, phytate, oxalate, cyanide	Suleiman et al. (2020)
	phytate	Khan and Ghosh, (2013)
<i>Pistia stratiotes</i>	Phytate	Khan and Ghosh (2013)
<i>Pistia</i> sp.	Trypsin inhibitor, tannin and phytic acid	Mandal and Ghosh (2019)
<i>Lemna major</i>	Phytate	Khan and Ghosh (2013)
	Trypsin inhibitor, tannin, phytate and calcium oxalate	Kalita et al. (2008)
<i>Leersia hexandra</i>	Tannin and steroid	Ekunseitan et al. (2013)
<i>Lemna minor</i>	Tannin, cyanide, saponin, oxalate, alkaloid, phytate	Falaye et al. (2022)
<i>Azolla pinnata</i>	Trypsin inhibitor	Maity and Patra (2003)
<i>Polygonum lenigerum</i>	Tannin and steroid	Ekunseitan et al. (2013)
<i>Panicum subalbidum</i>	Tannin, steroid, and low saponin	Ekunseitan et al. (2013)
<i>Paspalum scrobiculatum</i>	Tannin and steroid	Ekunseitan et al. (2013)
	Trypsin inhibitor, tannin, phytate and calcium oxalate	Kalita et al. (2008)
<i>Salvinia cuculata</i>	Trypsin inhibitor, tannin, phytate and calcium oxalate	Kalita et al. (2008)
<i>Trapa natans</i>	oxalate	Kalita et al. (2008)

## NEW PRODUCTS DEVELOPMENT: AQUATIC WEEDS TO WEALTH

New product development in aquaculture involves a systematic process of identifying market needs, generating ideas, evaluating feasibility, designing and developing prototypes, testing and validation, and finally introducing the new products to the aquaculture sector. There is a need for innovative methods and technological advancements to convert aquatic weed and other waste materials into valuable and marketable products (Duque-Acevedo et al. 2020). Banga and Kumar (2019) stated that utilizing unwanted plant products to generate wealth is an effective strategy for reducing environmental effluence, enhancing food safety, and stimulating economic growth. Scientists involved in development of new plant products for use in aquaculture should have a comprehensive understanding of the marketing system, customer demands, and competition (Kari et al., 2023). Scientists should consider eight (8) fundamental steps when developing new products from aquatic weeds and plants (Figure 2). Idea generation is the preliminary step in the development of a new product. Scientists should prioritize research as a top priority in order to generate a multitude of novel ideas (Nik Ahmed Ariff et al., 2013), which involves exploring methods to visualize, communicate, transfer (Ariff et al., 2012), and convert theoretical concepts (Jamaluddin et al., 2015) before being established best possible idea. Following that, scientists engage in concept development and testing, develop marketing approaches, conduct business analysis, embark on product development, carry out test marketing, and finally proceed with commercialization. In the context of new product development, commercialization represents the ultimate and pivotal step, where the products are distributed to consumers for sale.





**Figure 2:** New product development approach (Reid et al., 2016)

## AQUATIC WEEDS: PROSPECTS AND FUTURE FEED FOR AQUACULTURE INDUSTRY

Aquatic weeds hold promising prospects as a future feed resource for the aquaculture feed industry. Their abundance, sustainability, nutritional profile, cost-effectiveness, and positive environmental impact make them an attractive alternative to traditional feed ingredients. Additionally, aquatic weeds are a valuable feed resource for fish due to their substantial content of protein, lipid, ash, fiber, carbohydrate, minerals, and vitamins. These nutrient-rich components make them highly beneficial for the nutritional needs of aquaculture species and other animals. Their prolific growth makes them sustainable and readily available feed ingredients for sustainable aquaculture. Though several species of aquatic weeds are available in Bangladesh, very few species are examined and tested on fish to determine their impacts on fish production. Despite the presence of numerous aquatic weeds in Bangladesh, only a limited number of them have been thoroughly studied and evaluated for their effects on fish production. However, the utilization of other aquatic weeds such as *Alternanthera philoxeroides*, *Aponogeton* spp., *Enhydra fluctuans*, *Polygonum glabrum*, *Sagittaria* spp., *Hydrilla verticillata*, *Typha latifolia*, *Commerlina bengalensis*, *Commerlina appendiculata*, *Najas minor*, *Vallisneria spiralis*, *Nymphoides aquatica*, *Aponogeton* spp., *Cartophyllum demersum*, *Spirodela polyrrhiza*, *Oxalis corniculata*, *Ipomoea carnea*, *Leersia hexandra* and others, in the fish feed industry have great potential for future development of aquaculture feeds.

## CONCLUSION AND RECOMMENDATION

Haor based aquatic weeds have emerged as a nutritionally balanced fish feed ingredients for the aquaculture feed industry, with recent technological advances highlighting their potential benefits. They offer cost-effective and sustainable alternatives to traditional feed ingredients, reducing the pressure on wild fish stocks and increasing the circular economy. However, challenges associated with the improper management of aquatic weeds may result in ecosystem destruction and animal health concern. Hence, the utilization and development of nutrient ingredients from these plant products in aquaculture sector is a great option for the sustainability and growth of aquaculture industry, supporting ecosystem restoration, and fostering an efficient and eco-friendly method to feed formulation. Despite this, the scarcity of standardized regulation and guidelines for use haor aquatic plants in fish feed poses a possible barrier for large scale industrial implementation and market acceptance as well. Therefore, continued research, policy support, collaboration and promotion marketing are recommended for the exploitation of plant products in the field of aquaculture feed formulation.

**Author contributions:** Conceptualization, writing- review and editing, M.A.K; conceptualization, writing- original draft, review and editing, S.K.N, A.Y.S. and N.S.N.A.

**Funding:** This review article received no external funding.

**Acknowledgement:** The authors acknowledge Sylhet Agricultural University Research System (SAURES) for its valuable contribution to the publication of this manuscript.

**Conflicts of interest:** The authors declare no conflict of interest.

## References

- Abelti AL, Teka TA, Bultosa G. 2023. Review on edible water lilies and lotus: Future food, nutrition and their health benefits. *Applied Food Research*. 100264.
- Anand A, Priyanka U, Nayak VL, Zehra A, Babu KS, Tiwari AK. 2019. Nutritional composition and antioxidative stress properties in boiled tuberous rhizome of Neel Kamal (*Nymphaea nouchali* Burm. f.). *Indian Journal of Natural Products and Resources (IJNPR) [Formerly Natural Product Radiance (NPR)]*. 10(1): 59-67.
- Athanase OK, Célestin BM, d'Ivoire AC, Justin SS, Laurent AY. 2019. Growth Performance of *Heterobranchus longifilis*, (Valenciennes, 1840) Fingerlings Fed with *Nymphaea lotus* (Linné, 1753). *Journal of Agricultural Studies*. 7(3): 1-8.
- Ali S, Kaviraj A. 2018. Aquatic weed *Ipomoea aquatica* as feed ingredient for rearing Rohu, *Labeo rohita* (Hamilton). *The Egyptian Journal of Aquatic Research*. 44(4): 321-325.
- Adedokun MA, Tairu HM, Adeosun O, Ajibola O. 2017. Assessment of the optimal replacement levels of maize with water lettuce leaf (*Pistia stratiotes*) based diets for *Clarias gariepinus*. *Journal of Fisheries Sciences. Com*. 11(2): 28-35.
- Adeyemi O, Osubor C. 2016. Assessment of nutritional quality of water hyacinth leaf protein concentrates. *Egyptian Journal of Aquatic Research*. 42(3): 269-272.
- Akmal M, Hafeez-ur-Rehman M, Ullah S, Younus N, Khan KJ, Qayyum M. 2014. Nutritive value of aquatic plants of HeadBaloki on Ravi River, Pakistan. *International Journal of Bio-science* 4: 115–122.
- Ariff NS, Badke-Schaub P, Eris O. 2012. Conversations around design sketches: Use of communication channels for sharing mental models during concept generation. *Design and Technology Education: An International Journal*. 17(3).
- Ahamad MU, Swapon MRS, Yeasmin TU, Raham MS, Ali MS. 2003. Replacement of sesame oil cake by Duckweed (*Lemna minor*) in broiler diet. *Pakistan Journal of Biological Science*. 6(16): 1450-1453.
- Bowyer PH, El-Haroun ER, Salim HS, Davies SJ. 2020. Benefits of a commercial solid-state fermentation (SSF) product on growth performance, feed efficiency and gut morphology of juvenile Nile tilapia (*Oreochromis niloticus*) fed different UK lupin meal cultivars. *Aquaculture*. 523: 735192.
- Banga KS, Kumar S. 2019. Agricultural waste to wealth. *Agriculture & Food: e-newsletter*. 27.
- Bag MP, Mahapatra SC, Rao PS, Chakrabarty D. 2011. Making aquatic weed as potential feed for Nile tilapia (*Oreochromis niloticus* L.) and its impact on fatty acid profile. *International Research of Pharmacy and Pharmacology*. 1(8): 194-202.
- Bairagi A, Ghosh KS, Sen SK, Ray AK. 2002. Duckweed (*Lemna polyrrhiza*) leaf meal as a source of feedstuff in formulated diets for Rohu (*Labeo rohita* Ham.) fingerlings after fermentation with a fish intestinal bacterium. *Bioresource Technology*. 85: 17–24.

- Chepkirui M, Orina PS, Opiyo M, Muendo P, Mbogo K, Omondi R. 2022. Growth performance of Nile Tilapia (*Oreochromis niloticus*) fingerlings fed with water spinach (*Ipomoea aquatica*) diets. *Annals of Marine Science*. 6(1): 001-006.
- Craig SR, Helfrich LA, Kuhn D, Schwarz MH. 2017. Understanding fish nutrition, feeds, and feeding.
- Cherryl DM, Prasad RMV, JagadeeswaraRao S, Jayalaxmi P, Srinivas Kumar D. 2014. A study on the nutritive value of *Azolla pinnata*. *Livest. Res. Int*. 2(1): 13-15.
- Chaturvedi KMM, Langote DS, Asolekar RS. 2003. Duckweed-fed fisheries for treatment of low strength community waste water. *WWWTM Newsletter-Asian Institute of Technology, India*.
- de la Cruz CPP, Alap LPB, Manalili EV, Rafael RR, Tolentino PDH. 2023. Prebiotic potential of *Azolla pinnata* (R. Br.) and dietary inclusion effect of pulverised *Azolla* on the growth performance of milkfish fingerlings. *Journal of Fisheries*. 11(1): 111201-111201.
- Dissanayaka DMNS, Udumann SS, Dissanayake DKRPL, Nuwarapaksha TD, Atapattu AJ. 2023. Review on Aquatic Weeds as Potential Source for Compost Production to Meet Sustainable Plant Nutrient Management Needs. *In Waste*. 1(1): 264-280. MDPI.
- Debbarma J, Viji P, Rao BM, Ravishankar CN. 2022. Seaweeds: Potential Applications of the Aquatic Vegetables to Augment Nutritional Composition, Texture, and Health Benefits of Food and Food Products. *Sustainable Global Resources of Seaweeds Food, Pharmaceutical and Health Applications*. 2: 3-54.
- Duque-Acevedo M, Belmonte-Urena LJ, Cortés-García FJ, Camacho-Ferre F. 2020. Agricultural waste: Review of the evolution, approaches and perspectives on alternative uses. *Glob. Ecol. Conserv*. 22: e00902.
- Debnath D, Yengkokpam S, Bhattacharjya BK, Biswas P, Prakash C, Kohli MPS, Sharma, AP. 2018. Effect of dietary incorporation of dry-powdered water hyacinth (*Eichhornia crassipes*) meal on growth and digestibility of *Labeo rohita* fingerlings. *In Proceedings of the Zoological Society*. 71: 74-82. Springer India.
- Daniel N. 2018. A review on replacing fish meal in aqua feeds using plant protein sources. *International Journal of Fisheries and Aquatic Studies*. 6(2): 164-179.
- Das M, Rahim FI, Hossain MA. 2018. Evaluation of fresh *Azolla pinnata* as a low-cost supplemental feed for Thai Silver Barb *Barbonymus gonionotus*. *Fishes*. 3(1): 15.
- Dorothy MS, Raman S, Nautiyal V, Singh K, Yogananda T, Kamei M. 2018. Use of potential plant leaves as ingredient in fish feed-a review. *Int. J. Curr. Microbiol. Appl. Sci*. 7(7): 112-125.
- Ekunseitan DA, Yusuf AO, Odesanmi AF. 2013. Assessment of nutritive values of some waterweeds. *Food Science and Quality Management*. 22: 22-7.
- Falaye AE, Ojo-Daniel HA, SULE SO. 2022. Effects of processing on Duckweed (*Lemna minor*) as fish feedstuff. *Scientific Reports in Life Sciences*. 3(4): 53-67.
- Fiordelmondo E, Ceschin S, Magi GE, Mariotti F, Iaffaldano N, Galosi L, Roncarati A. 2022. Effects of partial substitution of conventional protein sources with duckweed (*Lemna minor*) meal in the feeding of rainbow trout (*Oncorhynchus mykiss*) on growth performances and the quality product. *Plants* 11(9): 1220.
- FAO. 2020. The state of world fisheries and aquaculture. Opportunities and challenges. Food and Agriculture Organization of the United Nations.
- Ghosh, T., Paul, B., Chattopadhyay, D. And Mandal, R., 2021. Duckweed (*Lemna minor*) as feed ingredient for fingerlings of common carp (*Cyprinus carpio*).
- Giri A. 2020. Various types of Aquatic Weeds in A Village Fish Pond and Their Control. *International Journal of Environmental Sciences & Natural Resources*. 25(3): 142-146.

- Goswami RK, Shrivastav AK, Sharma JG, Tocher DR, Chakra-barti R. 2020. Growth and digestive enzyme activities of Rohu *Labeo rohita* fed diets containing macrophytes and almond oil-cake. *Animal Feed Science and Technology*. 263:1–8.
- Ghosh K, Ray AK. 2017. Aquafeed formulation using plant feedstuffs: prospective application of fish-gut microorganisms and microbial biotechnology. *Soft Chemistry and Food Fermentation*. 3: 109–144.
- Gangadhar B, Sridhar N, Saurabh S, Raghavendra CH, Hemaprasanth KP, Raghunath MR, Jayasankar P. 2015. Effect of Azolla-incorporated diets on the growth and survival of *Labeo fimbriatus* during fry-to-fingerling rearing. *Cogent Food & Agriculture*. 1(1):1055539.
- Ganguly A, Chatterjee PK, Dey A. 2012. Studies on ethanol production from water hyacinth—A review. *Renewable and Sustainable Energy Reviews*. 16(1): 966-972.
- Haroon AM. 2022. Review on aquatic macrophytes in Lake Manzala, Egypt. *The Egyptian Journal of Aquatic Research*.
- Hailu D, Negassa A, Kebede B. 2020. Evaluation of water hyacinth (*Eichhornia crassipes*) as a phyto-genic diet for Nile tilapia (*Oreochromis niloticus*). *Int. J. Fish. Aquat. Stud*. 8: 210-218.
- Herawati VE, Pinandoyo P, Darmanto YS, Rismaningsih N, WINDARTO S, Radjasa OK. 2020. The effect of fermented duckweed (*Lemna minor*) in feed on growth and nutritional quality of tilapia (*Oreochromis niloticus*). *Biodiversitas Journal of Biological Diversity*. 21(7).
- Hodar AR, Vasava RJ, Mahavadiya DR, Joshi NH. 2020. Fish meal and fish oil replacement for aqua feed formulation by using alternative sources: A review. *J. Exp. Zool. India*. 23(1): 13-21.
- Hundare SK, Pathan DI, Ranadive AB. 2018. Use of fermented Azolla in diet of tilapia fry (*Oreochromis niloticus*). *International Journal of Bio-resource and Stress Management*. 9(6): 702-706.
- Hossain ME, Sikder H, Kabir MH, Sarma SM. 2015. Nutritive value of water hyacinth (*Eichhornia crassipes*). *Online J. Anim. Feed Res*. 5(2): 40-44.
- Haroon AM. 2010. *EJAR*. *Egyptian Journal of Aquatic Research*. 36(4): 587-595.
- Irabor AE, Obakanurhie O, Nwachi FO, Ekokotu PA, Ekelemu JK, Awhefeada OK, Adeleke LM, Jrn HP, Adagha O. 2022. Duckweed (*Lemna minor*) meal as partial replacement for fish meal in catfish (*Clarias gariepinus*) juvenile diets. *Bone*. 1(1.00): 1-00.
- Ismail T, Hegazi E, Nassef E, Habotta OA, Gewaily MS. 2022. The optimized inclusion level of *Bacillus subtilis* fermented *Azolla pinnata* in Nile tilapia (*Oreochromis niloticus*) diets: immunity, antioxidative status, intestinal digestive enzymes and histomorphometry, and disease resistance. *Fish Physiology and Biochemistry*. 48(3): 767-783.
- Ibrahim A, Aboueilella S, Adam H, Hassan N, Abdallah R. 2021. Effect of *Azolla pinnata* on growth performance and survival rate of fingerlings of grass carp fish *Ctenopharyngodon idellus* (Valenciennes, 1844). *Aswan University Journal of Environmental Studies*. 2(4): 249-258.
- Idowu AA, Bamidele NA, Adeboyejo TA. 2019. Utilization of *Nymphaea lotus* as partial replacement for maize in the diet of *Clarias gariepinus* fingerlings. *Ife Journal of Agriculture*. 31(3): 50-59.
- Jiang Y, Zhao PF, Lin SM, Tang RJ, Chen YJ, Luo L. 2018. Partial substitution of soybean meal with fermented soybean residue in diets for juvenile largemouth bass, *Micropterus salmoides*. *Aquaculture Nutrition*. 24 (5): 1213–1222.
- Jamaludin MA, Zakaria WZ, Said M, Abidin SZ, Main E, Zakaria I. 2015. On the Role of Police Car Graphic Stripe in Design. In *Proceedings of the International Symposium on Research of Arts, Design and Humanities (ISRADH 2014)*: 289-301. Springer Singapore.
- Kari ZA, Sukri SAM, Rusli ND, Mat K, Mahmud MB, Zakaria NNA, Wee W, Hamid NKA, Kabir MA, Ariff NSNA, Abidin SZ. 2023. Recent advances, challenges, opportunities, product development and

- sustainability of main agricultural wastes for the aquaculture feed industry—a review. *Annals of Animal Science*. 23(1): 25-38.
- Kari ZA, Kabir MA, Dawood MA, Razab MKAA, Ariff NSNA, Sarkar T, Pati S, Edinur HA, Mat K, Ismail TA, Wei LS. 2022. Effect of fish meal substitution with fermented soy pulp on growth performance, digestive enzyme, amino acid profile, and immune-related gene expression of African catfish (*Clarias gariepinus*). *Aquaculture*. 546: 737418.
- Kari ZA, Kabir MA, Mat K, Rusli ND, Razab MK, Ariff NS, Edinur HA, Rahim MZ, Pati S, Dawood MA, Wei LS. 2021. The possibility of replacing fish meal with fermented soy pulp on the growth performance, blood biochemistry, liver, and intestinal morphology of African catfish (*Clarias gariepinus*). *Aquaculture Reports*. 21: 100815.
- Konyeme JE, Sogbesan AO, Ugwumba AAA. 2021. Nutritive value and utilization of water hyacinth (*Eichhornia crassipes*) meal as plant protein supplement in the diet of *Clarias gariepinus* (Burchell, 1822) (Pisces: Clariidae) fingerlings. *African Scientist*. 7(3).
- Kamatit W, Aoki S, Munglue P. 2016. Effects of dietary waterlily (*Nymphaea pubescens*) stamen extract on growth performance and intestinal morphology of common lowland frog (*Rana rugulosa*). *Asia-Pacific Journal of Science and Technology*. 21(2): 30-41.
- Khan A, Ghosh K. 2013. Evaluation of phytase production by fish gut bacterium, *Bacillus subtilis*, for processing of *Ipomoea aquatica* leaves as probable aquafeed ingredient. *Journal of Aquatic Food Product Technology*. 22(5): 508-19.
- Kaur VI, Ansal MD, Dhawan A. 2012. Effect of feeding duckweed (*Lemna minor*) based diets on the growth performance of rohu, *Labeo rohita* (Ham.). *Indian Journal of Ecology*. 24(4): 406-409.
- Kalita P, Mukhopadhyay PK, Mukherjee AK. 2008. Supplementation of four non-conventional aquatic weeds to the basal diet of *Catla catla* and *Cirrhinus mrigala* fingerlings: Effect on growth, protein utilization and body composition of fish. *Acta Ichthyologica et Piscatoria*. 38(1): 21-7.
- Liland NS, Rosenlund G, Burntssen MHG, Brattelid T, Madsen L, Torstensen, BE. 2012. Net production of Atlantic salmon (FIFO, Fish-in Fish-out <1) with dietary plant proteins and vegetable oils. *Aquaculture Nutrition*. 19: 289–300.
- Mercy C. 2021. Effect of water spinach (*Ipomoea aquatica*) diet on growth performance and fatty acid compositions in Nile tilapia (*Oreochromis niloticus*) fingerlings (doctoral dissertation, kisii university).
- Magouz FI, Dawood MA, Salem MF, Mohamed AA. 2020. The effects of fish feed supplemented with Azolla meal on the growth performance, digestive enzyme activity, and health condition of genetically-improved farmed tilapia (*Oreochromis niloticus*). *Annals of Animal Science*. 20(3): 1029-1045.
- Manuel E, Gutierrez R, Naorbe M. 2020. Water lettuce and water spinach as potential feed ingredients for Nile tilapia *Oreochromis niloticus*.
- Mandal S, Ghosh K. 2019. Utilization of fermented *Pistia* leaves in the diet of rohu, *Labeo rohita* (Hamilton): Effects on growth, digestibility and whole-body composition. *Waste and Biomass Valorization*. 10(11): 3331-42.
- Mahmood S, Khan N, Iqbal KJ, Ashraf M, Khalique, A. 2018. Evaluation of water hyacinth (*Eichhornia crassipes*) supplemented diets on the growth, digestibility and histology of grass carp (*Ctenopharyngodon idella*) fingerlings. *Journal of Applied Animal Research*. 46(1): 24-28.
- Mangesh K, Dhuria RK, Dinesh J, Sharma T, Nehra R, Prajapat UK. 2018. A nutritional evaluation of Azolla (*Azolla pinnata*) as feed supplement. *Veterinary Practitioner*. 19(1): 132-133.

- Merino G, Barange M, Blanchard JL, Harlec J, Holmesa R, Allenlet al. 2012. Can marine fisheries and aquaculture meet fish demand from a growing human population in a changing cli-mate? *Global Environmental Change*. 22: 795–806.
- Mandal RN, Datta AK, Sarangi N, Mukhopadhyay PK. 2010. Diversity of aquatic macrophytes as food and feed components to herbivorous fish –a review. *Indian Journal of Fisheries*. 57: 65–73.
- Nandi SK, Suma AY, Rashid A, Kabir MA, Goh KW, Abdul Kari Z, Van Doan H, Zakaria NN, Khoo MI, Seong Wei L. 2023. The Potential of Fermented Water Spinach Meal as a Fish Meal Replacement and the Impacts on Growth Performance, Reproduction, Blood Biochemistry and Gut Morphology of Female Stinging Catfish (*Heteropneustes fossilis*). *Life*. 13(1): 176.
- Naseem S, Bhat SU, Gani A, Bhat FA. 2021. Perspectives on utilization of macrophytes as feed ingredient for fish in future aquaculture. *Reviews in Aquaculture*. 13(1): 282-300.
- Nisha SN, Geetha B. 2017. Effect of partial replacement of fishmeal with aquatic weed *Pistia stratiotes* meal on growth, biochemical composition, haematological parameters and digestive enzymes in Indian major carp *Labeo rohita* (Hamilton, 1822). *International Journal of Fisheries and Aquatic Studies*, 5(2), pp.527-532.
- Nik Ahmad Ariff NS, Eris O, Badke-Schaub PG. 2013. How Designers Express Agreement: The role of multimodal communication in communicating agreement and reaching shared understanding during conceptual design. InIASDR 2013: Proceedings of the 5th International Congress of International Association of Societies of Design Research" Consilience and Innovation in Design", Tokyo, Japan. International Association of Societies of Design Research.
- Prasetyo S, Anggoro S, Soeprbowati TR. 2021. Potential of water hyacinth (*Eichhornia crassipes* (Mart.) Solms) in Rawapening lake as raw material for fish feed. In *Journal of Physics: Conference Series*. 1943 (1): 012072. IOP Publishing.
- Pratiwi DY, Andhikawati A. 2021. Utilization of Water Hyacinth (*Eichhornia crassipes*) as Fish Feed Ingredient. *Asian Journal of Fisheries and Aquatic Research*. 13(3): 35-42.
- Prabu E, Felix S, Felix N, Ahilan B, Ruby P. 2017. An overview on significance of fish nutrition in aquaculture industry. *International Journal of Fisheries and Aquatic Studies*. 5(6): 349-355.
- Patra AK. 2015. Evaluation of the duckweed (*Lemna minor*) meal as partial replacement for fish meal on the growth performance of *Labeo rohita* (Ham.) fry. *European Journal of Experimental Biology*. 5(10): 18-23.
- Prabina BJ, Kumar K. 2010. Dried *Azolla* as a nutritionally rich cost effective and immuno-modulatory feed supplement for broilers. *Asian Journal of Animal Science*. 5(1): 20-22.
- Pasha MK. 1966. Aquatic plants of Illinois. Illinois State Museum of Science Series. 1:142
- Refaey MM, Mehriam AI, Zenhom OA, Areda HA, Ragaza JA, Hassaan MS. 2023. Fresh *Azolla*, *Azolla pinnata* as a Complementary Feed for *Oreochromis niloticus*: Growth, Digestive Enzymes, Intestinal Morphology, Physiological Responses, and Flesh Quality. *Aquaculture Nutrition*. 2023.
- Ramireddy L, Radhakrishnan M. 2021. Cold plasma applications on pulse processing. In *Pulse Foods*. 295-307. Academic Press.
- Roslan MNAM, Estim A, Venmathi Maran BA, Mustafa S. 2021. Effects of aquatic plants on nutrient concentration in water and growth performance of fantail goldfish in an aquaculture system. *Sustainability*. 13(20): 11236.
- Ramteke R, Doneria R, Gendley MK. 2019. Antinutritional factors in feed and fodder used for livestock and poultry feeding. *Acta scientific nutritional Health*. 3(5): 39-48.
- Reid M, Hultink EJ, Marion T, Barczak G. 2016. The impact of the frequency of usage of IT artifacts on predevelopment performance in the NPD process. *Inf. Manag*. 53: 422–434.

- Ray AK, Das I. 1996. Evaluation of dried aquatic weed, *Pistia stratiotes*, meal as a feedstuff in pelleted feed for rohu, *Labeo rohita*, fingerlings. *Journal of Applied Aquaculture*. 5(4): 35-44.
- Santhosh P, Kamaraj M, Saravanan M, Nithya TG. 2023. Dietary supplementation of *Salvinia cucullata* in white shrimp *Litopenaeus vannamei* to enhance the growth, nonspecific immune responses, and disease resistance to *Vibrio parahaemolyticus*. *Fish & Shellfish Immunology*. 132:108465.
- Suma AY, Nandi SK, Abdul Kari Z, Goh KW, Wei LS, Tahiluddin AB, Seguin P, Herault M, Al Mamun A, Téllez-Isaías G, Anamul Kabir M. 2023. Beneficial Effects of Graded Levels of Fish Protein Hydrolysate (FPH) on the Growth Performance, Blood Biochemistry, Liver and Intestinal Health, Economics Efficiency, and Disease Resistance to *Aeromonas hydrophila* of Pabda (*Ompok pabda*) Fingerling. *Fishes*. 2;8(3) :147.
- Small BC. 2022. Nutritional physiology. In *Fish Nutrition*. 593-641. Academic Press.
- Suharman I, Lukistyowati I, Ramayani S, Caipang CMA, Adelina A, Aryani N. 2021. Quality Improvement of Water Hyacinth (*Eichornia Crassipes*) Leaf Meal Fermented with *Aspergillus Niger* as Fish Feed Ingredient. In *IOP Conference Series: Earth and Environmental Science*. 394 (1). 012007. IOP Publishing.
- Samtiya M, Aluko RE, Dhewa T. 2020. Plant food anti-nutritional factors and their reduction strategies: an overview. *Food Production, Processing and Nutrition*. 2: 1-14.
- Suleiman M, Khadija AY, Nasiru Y, Garba AA, Alhassan M, Bello HJ. 2020. Proximate, minerals and anti-nutritional composition of water hyacinth (*Eichhornia crassipes*) grass. *Earthline Journal of Chemical Sciences*. 3(1): 51-9.
- Stadtlander T, Förster S, Rosskoth D, Leiber F. 2019. Slurry-grown duckweed (*Spirodela polyrhiza*) as a means to recycle nitrogen into feed for rainbow trout fry. *J Clean Prod*. 228: 86–93.
- Sadique KJ, Pandey A, Khairnar SO, Kumar N. 2018. Effect of molasses-fermented water hyacinth feed on growth and body composition of common carp, *Cyprinus carpio*. *Journal of Entomology and Zoology Studies*. 6: 1161–1165.
- Sayed-Lafi RM, Al-Tameemi RA, Gowdet AI. 2018. Evaluation of raw and fermented water hyacinth (*Eichhornia crassipes*) incorporated diets on growth and feed efficiency of young grass carp (*Ctenopharyngodon idella*). *Basrah Journal of Agricultural Sciences*. 31(1): 31-39.
- Sarker MAA, Aziz I. 2017. Incorporation of water hyacinth (*Eichhornia crassipes*) in feed for developing eco-friendly low cost feed of mirror carp, *Cyprinus carpio* var. *specularis* (Linnaeus, 1758). *Journal of Agroecology and Natural Resource Management*. 4(1): 5-9.
- Shepherd CJ, Jackson AJ. 2013. Global fishmeal and fish-oil supply: inputs, outputs and markets. *Journal of Fish Biology*. 83: 1046–1066.
- Srirangam GM. 2016. Effect of partial replacement of fish meal with duckweed (*Lemna minor*), and soybean meal on the growth performance of *Ctenopharyngodon idella* (grass carp). *International Journal of Fisheries and Aquatic Studies*. 4(6): 133-7.
- Saha JK, Rahmatullah SM, Mazid, MA. 1999. Optimization of stocking density of duckweed, *Wolffia arhiza* (Linn.) and *Lemna* sp. *Bangladesh J. Fisheries Res*. 7: 161-168.
- Tran TLN, Miranda AF, Abeynayake SW, Mouradov A. 2020. Differential production of phenolics, lipids, carbohydrates and proteins in stressed and unstressed aquatic plants, *Azolla filiculoides* and *Azolla pinnata*. *Biology*. 9(10): 342.
- Thakur N, Kumar P. 2017. Anti-nutritional factors, their adverse effects and need for adequate processing to reduce them in food. *Agric International*. 4: 56–60.

- Verma VK, Prakash O, Kumar R, Rani KV, Sehgal N. 2021. Water hyacinth (*Eichhornia crassipes*) leaves enhances disease resistance in *Channa punctata* from *Vibrio harveyi* infection. The Journal of Basic and Applied Zoology. 82:1-11.
- Velásquez YC, Kijora C, Wuertz S, Schulz C. 2015. Effect of fermented aquatic macrophytes supplementation on growth performance, feed efficiency and digestibility of Nile Tilapia (*Oreochromis niloticus*) juveniles fed low fishmeal diets. Livestock Research for Rural Development. 27(9): 177.
- Wasagu RS, Lawal M, Shehu S, Alfa HH, Muhammad C. 2013. Nutritive values, Mineral and Antioxidant properties of *Pistia stratiotes* (Water lettuce). Nigerian Journal of Basic and Applied Sciences. 21(4): 253-7.
- Yousif RA, Abdullah OJ, Ahmed AM, Adam MI, Ahmed FA, Idam OA. 2019. Effect of replacing fishmeal with water spinach (*Ipomoea aquatica*) on growth, feed conversion and carcass composition for Nile tilapia fry (*Oreochromis niloticus*). J Aquat Sci Mar Biol. 2(4): 3-20.
- Yuniati D, Utomo NBP, Setiawati M, Alimuddin A. 2018. Growth Performance and enzyme activities in catfish [*Pangasianodon hypophthalmus*] fed with water hyacinth-based diet. BIOTROPIA-The Southeast Asian Journal of Tropical Biology. 25(2): 140-147.
- Yilmaz E, Akyurt I, Gunal G. 2004. Use of duckweed, *Lemna minor*, as a protein feedstuff in practical diets for common carp, *Cyprinus carpio*, fry. Turkish Journal of Fisheries and Aquatic Sciences. 4: 105–109.
- Zulhisyam AK, Kabir MA, Munir MB, Wei LS. 2020. Using of fermented soy pulp as an edible coating material on fish feed pellet in African catfish (*Clarias gariepinus*) production. Aquaculture, Aquarium, Conservation & Legislation. 13(1): 296-308.
- Ziegler P, Adelmann K, Zimmer S, Schmidt C, Appenroth KJ. 2015. "Relative in Vitro Growth Rates of Duckweeds (Lemnaceae) - The Most Rapidly Growing Higher Plants," Plant Biology. 17(1): 33–41.